

RULE III: SECTION 21. CAMPS. Students may attend camps (for individuals) provided they do so individually at their own expense.

Note: During the sports season, no activity is allowed in the same sport, including but not limited to camps, tryouts, showcases, etc., regardless of who sponsors/conducts the event (please refer to Outside Participation Rule).

During the school year when students attend camps as individuals, the Fifty Percent Rule will be in effect for team play.

Note: During the school year coaches cannot coach his/her own students outside the school season.

All individual and team camps sponsored by a school must be held prior to the starting practice date for fall sports. All-Star Sports Week is a "dead week" for team camps.

The maximum length of a team camp is four (4) days. A junior high/middle school team may attend a team camp at a different time than its high school varsity. Helmets are the only type of protective equipment that may be worn at an organized football team or individual camp.

Each day at a team camp (includes 7-on-7 competition) counts toward the maximum four days allowed for summer practice competition. Only eligible students may participate in summer competition or practice under the jurisdiction of a local school.

Other guidelines for a team camp:

- (a) Camp fees charged each school should cover room, board and insurance for all participants.
- (b) Team camps are instructional in nature. Practice times are provided for teams when they are not participating in modified games.
- (c) All teams must be guaranteed an equal number of modified games (Most camps guarantee a minimum of 10 games.)
- (d) Modified games must use a running clock.
- (e) Schools cannot be required to wear game uniforms.
- (f) The Amateur Rule is in effect.
- (g) No trophies may be awarded.
- (h) Spectators may not be charged admission.

A high school coach may work at team and individual summer camps, but coaching his/her own players in team competition would count as one of the allowed four days of competition.